

What to Engrave on Your Medical ID

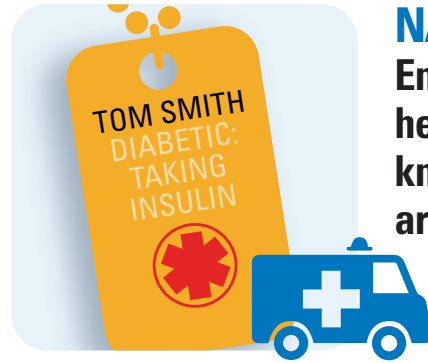


MEDICAL CONDITION

If you have a chronic, unchanging condition that you would tell your doctor about, engrave it.

Some of the most common include:

- Alzheimer's
- Diabetes
- Epilepsy
- Food Allergies
- Heart Conditions
- Rare Conditions



NAME

Engraving your name helps paramedics know whom they are helping.

If an ID is for a child or someone with autism, a mental illness, or dementia, you can engrave that person's name and a caregiver's name.



MEDICATIONS

Include any medication that could react to a drug that may be used for your treatment.

Blood thinners are one of the most commonly engraved medications.



ALLERGIES

In emergencies, allergies noted on your ID help prevent paramedics from giving you medications that could worsen your condition.



MEDICATIONS

If space allows, you can engrave the number of a caregiver, like a parent or spouse, who can be reached in the case of an emergency.

Engraving Checklist

- ✓ I checked with my doctor about what to engrave.
- ✓ The ID style I want has enough space for engraving.
- ✓ My conditions and medications are spelled properly.